Breakfast

The Grand Continental

Fresh Muffins, Assorted Bagels, Assorted Fresh Cut Fruit, and Assorted 6 ounce Yogurts, Freshly Brewed Coffee, Hot Tea, Decaf, Orange Juice ................................................................. $10 /per person

Extras

Freshly Brewed Hot Coffee, Decaffeinated Coffee, and Assorted Teas (serves 10) ....................... $10
Assorted Sodas (7.5 ounces) ........................................................................................................ $1 each
Bottle Water (8.5 ounces) .......................................................................................................... $1 each
Assorted Minute Maid Juices (10 ounces) ............................................................................. $1.75 each
Assorted Granola Bars .......................................................................................................... $0.80 each
Fresh Fruit and Vanilla Yogurt Parfait .......................................................... $5 each
Variety Whole Fresh Fruit................................................................. $1 each

Lunch & Dinner

Starters

Caesar Salad (Chopped crisp lettuce, parmesan, croutons tossed in caesar dressing) ........... $4 each
Garden Salad (Crisp lettuce with shredded carrots, grape tomatoes, sliced cucumbers, and assortment of dressings) ................................................................. $4 each
Chicken Caesar Salad (Sliced roasted herb chicken, chopped crisp lettuce, parmesan, croutons tossed in caesar dressing) ................................................................. $5 each
Strawberry Fields Salad (Fresh sliced strawberries, blue cheese crumbles, and chopped pecans over mixed greens served with an assortment of dressings) ................................................................. $5 each

Soup du Jour

Chef’s fresh made soup of the day (serves 10) ......................................................... $25

Deli Platters

Assorted Deli Tray to include: Roasted Turkey, Ham, Lemon Dill Tuna, Roasted Vegetables
Variety Wrap Platter ................................. (Serves 10) $30
Variety Sandwich Platter ................................. (Serves 10) $30
Sandwich/Wrap Each ................................. $3.50

Entrées (Per Person)

Barbecue Chicken (6 ounce Chicken breast seasoned and roasted in a tangy barbecue sauce) ....... $9
Bistro Herb Roasted Turkey (Herb roasted turkey breasted sliced and finished with gravy ) .......... $9
Honey Apple Pork Roast (Herb roasted pork loin slow roast with apples and finished with honey) ... $9
Baked Tilapia Vera Cruz (Tilapia with fresh salsa, mushrooms, peppers, and cilantro) .............. $10
Herb Roasted Salmon (Salmon filet roasted with fresh tomatoes, olives, and capers) ............... $11
Beef & Broccoli Stir Fry (Beef sautéed with broccoli and carrots in a stir fry sauce over rice) ........ $10
Vegetable Tofu Stir Fry (Vegetable stir fry with seasoned tofu served over rice) ....................... $10
**Hot Sides**

Cilantro Rice (Blended herbs, lemon cilantro)
Herbed Quinoa (Vegetable stock, onions, bell peppers)
Seasoned Green Beans (Steamed and seasoned)
Fresh Broccoli (Steamed and seasoned)
Roasted Vegetables (Chef’s special blend of roasted seasonal vegetables)

$4 each

**Spa Buffet**

Bistro herb roasted turkey served with quinoa, seasonal roasted vegetables, hummus and pretzels, and a strawberry field’s salad. Served with water, fresh cut fruit, and granola bars ........................................... $120

**Dessert**

(Serves 10)
Dessert Parfaits (Chef’s selection of petite parfaits) ........ $19.50
Variety of Cookies ................................................. $15

**Hors d’Oeuvres**

**Vegetable Trays**

Assorted Vegetable Display to include:
Broccoli, Cauliflower, Carrots, Cucumbers, Tomatoes, and Celery with Spicy Dipping Sauce

(Serves 10) $40

**Cheese and Fruit Tray**

Assorted Cubed Cheeses
Garnished with fresh fruit to include Seedless Grapes & Berries
Crackers

(Serves 10) $50

**Celebrations**

Freshly baked daily. Can be ordered as chocolate, vanilla, or marble. Chocolate or vanilla icing.
Personalized writing is available upon request.

Full Sheet Cake .................... $110
Half Sheet Cake ................... $75
Quarter Sheet Cake ...... $50

Brandywine Hospital
TOWER HEALTH

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